

# ASTRONAUT TRAINING



THEN AND NOW

1  
00:00:00,350 --> 00:00:06,060  
Mission training for astronauts has always been rigorous. Testing our

2  
00:00:06,060 --> 00:00:09,929  
astronauts limits, abilities and knowledge is still an integral part of

3  
00:00:09,929 --> 00:00:16,350  
readying them for the tasks they'll carry out in space. In the Apollo era

4  
00:00:16,350 --> 00:00:21,720  
there were so many more unknowns. Those pioneers used the best of what was

5  
00:00:21,720 --> 00:00:28,529  
available to them at that time and invented the rest. Safety was and is a

6  
00:00:28,529 --> 00:00:34,770  
top concern. But we push boundaries at NASA. At great risk. Throughout NASA's

7  
00:00:34,770 --> 00:00:40,010  
history technology has fueled the evolution of our training programs.

8  
00:00:40,010 --> 00:00:45,090  
Virtual reality allows our astronauts the benefit of safely repeating mission

9  
00:00:45,090 --> 00:00:49,980  
specific events and activities. Although some things we do don't look that